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Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids [Gary McKay PhD, Steven Maybell PhD] on Amazon.com. *FREE* shipping on qualifying offers. Anger and confrontation are a part of our lives, like it or not. Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids. Anger and confrontation are a part of our lives, like it or not. Every normal family will experience anger, but the reward for families that learn how to deal effectively with that anger is a healthier, happier family environment. Calming the Family Storm is... Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids. Calming the Family Storm is a practical manual of helpful aids for handling the inevitable anger that every family experiences. Helps families work on the changes that will result in less anger, more effective expression of the anger that you do experience, and a happier and more harmonious family life. Find helpful customer reviews and review ratings for Calming the Family Storm: Anger Management for Moms, Dads, and All the Kids at Amazon.com. Read honest and unbiased product reviews from our users.